## How much does my food cost?



1. Cut and stick food items to make up your breakfast, lunch, and dinner.
2. Using the table on the right, write down and add up how much your food costs for the day.
3. The first one has been completed for you as an example.

| Food | Price in $\mathbf{£}$ |
| :--- | :--- |
| Porridge | 0.08 |
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Date:

| Milk <br> £1 <br> (£0.25 per glass) | Cheese <br> £ 3 <br> (£0.25 per serving) | Eggs <br> $£ 2.50$ <br> ( $£ 0.20$ per egg) | Bread <br> £1 <br> (£0.05 per slice) | Porridge <br> £2.20 <br> (£0.08 per serving) | Spaghetti <br> £1.00 <br> (£0.20 per serving) | Pasta Sauce <br> £1.80 <br> (£0.60 per serving) |
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| Chicken <br> $£ 4.50$ <br> (£1.13 per breast) | Sausages <br> £2.00 <br> ( $£ 0.25$ per sausage) | Salmon <br> £6.80 <br> (£3.40 per fillet) | Frozen Peas <br> $£ 1.40$ <br> (£0.32 per serving) | Carrots $£ 0.60$ <br> (£0.05 per serving) | Bananas <br> £1.00 <br> (£0.20 per banana) | Chocolate <br> $£ 0.60$ <br> (£0.60 per serving) |

## Can I eat breakfast, lunch and dinner for $£ 1.40$ a day?



1. Cut and stick food items to make up your breakfast, lunch, and dinner.
2. This time you can only add up to $£ 1.40$ a day, so add the most important things first, tally the costs up as you go, and stop when you get to $£ 1.40$.
3. The first one has been completed for you as an example.

| Food | Price in $\mathbf{£}$ |
| :--- | :--- |
| Porridge | 0.08 |
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