

KS2 SuperKind Change-Makers Programme

This programme has been designed to introduce the idea of social action into the classroom.

The programme comprises of 5 lessons of circa 45 minutes each in length. Of course, if your lessons are longer or shorter, do feel free to pick and choose sections of each lesson and/or stop and start them. We always recommend doing a re-cap/starter activity between lessons to help situate the lesson.

By the end of the SuperKind course, students will have discovered key issues that they have a passion towards and taken concrete action to make a difference.

Learning Objectives:

- To learn about important causes around the world and discuss which ones we'd like to change
- To get inspired by stories of other young change-makers
- To find out where to access step-by-step toolkits on how to make a difference
- To plan which actions to take, and take action

Learning Outcomes:

- To take action for important causes around the world
- To acquire essential skills including empathy, communication, critical thinking, leadership

Key:



Share Instruction or key information.



Printable activity.



Task or Activity to engage with.



Note taking or paper based activity.








Discussion or Class participation.













Badge or completion of session.









Video or animation to watch.

Timings	Learning Activities	Resources Presentation
<p>45 mins</p> <p>5 mins</p> <p>10 mins</p> <p>10 mins</p> <p>5 mins</p>	<p>Lesson 1: Introduction to SuperKind:</p> <p> The tag line of SuperKind is to <i>'Together we can change the world'</i> Throughout this course we're going to be exploring WHAT you would change about the world, WHY you would change it, WHO is going to change the world and HOW we can take steps to make a difference.</p> <p> Watch the 'SuperKind: Together we can change the world' video Video (2:35) available here: https://www.youtube.com/watch?v=lrX3FUk1SI (click on the video on the slide to take you straight to the online video)</p> <p>Lesson 1: WHAT & WHY Overview If you could change one thing in the world, what would it be and why?</p> <p> Having watched the video, ask students to share ideas of 'WHAT they would change in the world' and 'WHY they want to change it.' Write their contributions down on the table on the PowerPoint as you go. Or, blue-tac two titles to the wall ('What' & 'Why') and invite them to write their idea on a post-it note and stick it under the relevant title/column.</p> <p> Explain that on SuperKind students can learn about important problems in the world. In addition to a list on topical causes (such as BLM or Covid-19), there are pages on all 17 UN Sustainable Development Goals. Almost all important problems around the world fit in to one of the 17 Goals. Briefly explain what each goal entails.</p> <p> Copy and paste the annotations from the previous slide and invite students to drag and drop them to the correct UN Sustainable Development Goal. E.g. 'Animals' to 'Life on Land'.</p>	<p>Slides 1&2</p> <p>Slide 3</p> <p>Slide 4</p> <p>Slide 5</p> <p>Slide 6</p> <p>Slide 7</p> <p>Slide 7</p>

45 mins	Lesson 2: WHAT & WHY Presentation Task	
10 mins	 <p>Re-cap the previous lesson with a show-me tell-me whiteboard exercise. Name a UN Sustainable Development Goal and ask them to briefly define the goal on their whiteboard. Repeat a couple times. For example, for 'No poverty' they may write 'when everyone has enough money'.</p>	Dry-erase whiteboards
15 mins	 <p>Split the class into circa 5 groups and assign each a cause (or allow them to choose their own!). Ask each group to prepare a 3-minute presentation on 'The Problem', 'The Solution' and 'Take Action' to the rest of the class. Provide students with a method of displaying the information for their presentation (a computer to make a presentation, or poster paper and pens). This will ensure students learn about key problems in the world and gain familiarity with the causes of the issues as well as an understanding that problems have solutions, and that they themselves have agency to make a difference.</p>	Computer + interactive whiteboard OR Poster paper + pens
20 mins	 <p>Invite students to present their presentation to the class.</p>	Computer & interactive whiteboard OR Poster paper & pens

<p>45 mins</p>	<p>Lesson 3: WHO? Who is going to change the world? YOU are!</p>	<p>Slide 8</p>
<p>5 mins</p>	<p> Ask students to think about 'WHO they think has the power to make a difference in the world'. Invite them to write down everyone they can think of and the attributes they have.</p>	<p>Slide 9 + Pen & paper</p>
<p>5 mins</p>	<p> Tell the stories of two inspirational young change-makers to instil the belief in your students that they can change the world and inspire them with some ideas. We have listed two below but do feel free to use alternatives instead!</p>	
<p></p>	<p> Watch 'Jahkil Jackson's' Video: https://www.youtube.com/watch?v=MqN7t5gnI5w&t=25s (1min38secs) (click on the video on the slide to take you straight to the online video)</p>	<p>Slide 10</p>
<p></p>	<p> Watch 'Henry Cleary's' Video: https://www.youtube.com/watch?v=HpjHcSeCl80 (2min21secs) (click on the video on the slide to take you straight to the online video)</p>	<p>Slide 11</p>
<p>10 mins</p>	<p> Ask students to share ideas of the kind of change-makers they had listed. Were any of them children, women, from ethnic minorities, etc? Help them appreciate that change makers come from a wide range of backgrounds, ages, and genders and that everyone brings something unique to the change-making table!</p>	<p>Slide 12</p>
<p>20 mins</p>	<p> Ask students to complete the SuperKind Change-Makers' Worksheet. To do so they will need to browse the change-makers (www.superkind.org/change-makers) page on SuperKind. This exercise will help students navigate the change-makers' page and most importantly, feel empowered to take action. *Hint to teachers: The answer to question 4, 'What do change-makers have in common' is a willingness to take action and get started!</p>	<p>Slide 13,14,15,16, 17,18,19 + Change-Makers' Worksheet print out</p>
<p>5 mins</p>	<p> So, who is going to change the world? WE ARE! The power is in our hands to make a difference. No act is too small, and no one is too young. <i>You could share a story from when you were young which would encourage them.</i></p>	<p>Slide 20 + Computers/ tablets to browse the SuperKind website on their own</p>

45 mins	Lesson 4: HOW & TAKE ACTION? How can we change the world?	Slide 21
5 mins	 Having learnt about some of the SuperKind Change-Makers, re-cap some of the different ways that other change-makers were able to make a genuine difference in their community and how they got started. This will prepare the children for their next step: learning the ways that they too can make a difference and how to get started.	Slide 21
5 mins	 Explain that on SuperKind students can learn what actions they can take, and learn exactly how they can get started. Briefly explain what each type of action includes.	Slide 22
35 mins	 Follow a toolkit as a class to get students familiar with the idea of using the toolkits. For example, you could all make posters or write letters. Depending on your class' age, abilities, (& creativity) decided whether you prescribe what their poster is about/who their letter is to, or whether you give them a few ideas to choose from and the independence to make that decision.	Slide 23 Write a letter template print-out

<p>45 mins</p>	<p>Lesson 5: MAKE A LONG-TERM ACTION PLAN</p>	<p>Slide 24</p>
<p>15 mins</p>	<p> Print the 'My SuperKind Plan' worksheet and distribute one to each student. Invite them to choose a problem that they'd like to affect and list the steps they are going to take to change the world. For example, 'I would like to slow climate change. To do this I will: 1. Walk to school instead of driving, 2. Write to my headteacher to ask my school to only serve red meat (like a beef lasagne) once a week, 3. Make a poster to teach my classmates about what they can do to reduce their carbon footprint, 4. Raise money for The Climate Coalition'. If students finish early, encourage them to decorate their plan by adding drawings of their steps etc.</p>	<p>Slide 25 My SuperKind Plan worksheet</p>
<p>10 mins</p>	<p> Give the children a piece of cardboard each. On one side write 'I'm going to #BeSuperKind by...' On the other side write one thing from their 'steps to changing the world' sheet. Eg: Walk to school instead of driving... Raising money for The Climate Coalition ...etc. <i>We've put some examples on slide 26 for you.</i> <i>You could film a video or take some pictures and share them on social media @SuperKind_org #BeSuperKind #superkind.</i></p>	<p>Slide 26 + Cardboard, Marker pens, Camera</p>
<p>5 mins</p>	<p> Award students with the SuperKind Change-Maker's' Course Certificate of Completion.</p>	<p>Slide 27 SuperKind Change-Maker's' Course Certificate of Completion print out</p>

Follow on Activities:

Encourage students to write a newsletter article for your school newsletter/website about what they got up to. Repeat the 'Get Started' lesson termly, encouraging students to set themselves a new plan.

National Curriculum Links:

Depending on the cause and action that your students choose, the following curriculum areas may be covered:

English: Pupils will develop positive attitudes to reading and understanding what they read. They will be able to retrieve, record, and present information they have read in their own writing or to a group. They will learn different conventions of writing such as writing letters, speeches, and articles.

Mathematics: Pupils will be exposed to a range of different numbers up to and beyond 1000. They will learn to read these numbers and do basic calculations (such as calculating food expenditure for a day using addition).

Geography: Pupils will learn to use maps to locate and name countries and cities around the world and understand different climate zones. They will discuss a range of climatic events (such as drought) and the effects these have on humans (such as water scarcity and hunger).

Science: Pupils will learn about the needs of different types of living beings, specifically plants and animals.

Computing: Pupils will learn how to use search technologies effectively, and how to record, evaluate, and present digital content.

Art: Making posters and other infographics for awareness campaigns will help pupils improve their mastery of art and design techniques (such as drawing and painting) to develop and share their ideas, experiences, and imagination.

Design & technology: Learning about hunger, health and malnutrition will help pupils understand and apply the principles of a healthy and varied diet.

SMSC Links:

Spiritual: Pupils will reflect on what they believe needs to change in the world. Through group discussion they can also find interest and respect for different people's feelings and values. They may find an enjoyment and fascination in learning about themselves and believing that they have the potential to change the world. They will be able to reflect on these through the challenge log sheet.

Moral: Pupils will be urged to consider what they would change in the world, helping them think about some of the problems in the world, many of them moral issues, that people would like to see change. They are also able to discuss their ideas in a group offering opinions and appreciating others' viewpoints on these issues.

Social: Pupils will use a range of social skills working in groups with other pupils.

Cultural: The issues raised in this 5 week programme can relate to a range of different causes, groups of people and communities and open up discussion about these.

SEAL Links:

Self-Awareness: Pupils begin to understand that they have the skills and potential to make a difference in the world.

Managing Feelings: Through the teamwork tasks pupils are encouraged in their communication. There is opportunity for discussion on how problems in the world make us feel and how we can turn these feelings into positive action to help others.

Motivation: Pupils set themselves personal goals in the 'My SuperKind Plan' activity.

Social Skills: Working together in the various tasks the pupils learn to communicate, solve problems and compromise to achieve as task together.